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Let nature look after your little one



PAEDIATRIC research shows that a newborn baby's skin is five times thinner than that of an adult, making it prone to dryness and irritation. So it makes sense that their skincare routines need to be kept simple. Nadine Hall, creator and director of Nature Within, has been working on her range of organic skincare for babies for three years and says she wanted a product she trusted enough to use on her children. "I created Nature Within because I wanted products that used natural organic ingredients, were fragrance-free and didn't contain essential oils, as well as products that listed all the ingredients, not just a few," she says. "I wanted to know what these ingredients were, not just a long list of confusing, hard-to-pronounce names that made me question what was actually going into my children's bodies." Nature Within is made in Australia and is available online at www.naturewithin.com.au.